

This list is a simple tool aiming to prompt you to self-reflect on the different privileges that you have, or not, and how that relates to others around you.

No need to share your insights.

The goal is to foster awareness and appreciation towards the different voices partaking in the dialogues we participate in. Or to highlight the absence of such actors.

A Private Self-Reflection on Privilege

For your eyes only.

1 Please read through the following list and check those that apply to you.

- Cisgender
- Male
- Heterosexual
- Non-disabled
- Neurotypical
- Body size and shape are considered average
- Financial stability
- Ethnic majority in country where raised
- Ethnic majority in country of residence

- Globally recognized/identified as White
- Linguistic majority where raised
- Primary language(s) is the official language in country of residency
- Native English speaker
- Citizenship of residing country
- Permanent residency rights in residing country

2 Review the list, but this time reflect on which privileges you think apply to the people you're with at the moment.

If you're uncertain, don't assume.

How do you relate?